



By Elba M. Pacheco, MD,
Center for Eye and Laser Surgery

Younger Skin With Fraxel Laser

skin and new collagen is formed deep in the subsurface layers.

The Fraxel laser is the first technology that can produce dramatic improvement to aging and sun-damaged skin, with a speedy healing process and minimal down-time. Fraxel treats uneven pigmentation, acne scars, melasma, brown/age spots, improves skin texture, facial lines and wrinkles, and is one of the most effective procedures for treating the delicate skin areas of the neck, chest, hands and forearms. In fact, Fraxel can be used on the skin, anywhere.

Fraxel laser treatments are administered in your doctor's office. For your comfort, a topical anesthesia is applied prior to your treatment which takes approximately an hour to take effect.

A treatment typically last 45-60 minutes and consists of a special light wand to be passed over the surface of the skin. As the wand makes contact with the skin it sends a laser beam into the dermis creating a very small thermal interaction with thousand of micro-columns that magically transforms your skin. There is very little discomfort with the treatment. Most people report a prickly sensation that stops as soon as the treatment is over.

What are the side effects? Re-

covering from a Fraxel Laser Treatment is like recovering from a mild sunburn. The skin will redden or slightly swell initially. The swelling with diminish after a day or two and the skin will slowly lose some of its redness and fade to a "tanned" color for 3-14 days after treatment. Similar to a sunburn, mild peeling or flaking may occur, but without blistering. During this time patients are encouraged to wear SPF 30+ sunscreen twice a day to limit sun exposure and promote optimum results.

How many treatments will I need? Because Fraxel resurfaces 15-20 percent of the skin during each treatment, optimal results are achieved with 4-6 treatments at 3-4 week intervals.

After your very first Fraxel laser treatment, you will begin to feel the difference in your skin, as it gradually becomes softer, smoother and fresher.

After several treatments, your friends and family will notice how refreshed and youthful your skin looks. Fine lines around your eyes will noticeably fade – so will uneven coloring and the brown spots caused by aging and sun exposure.

Maintaining your results is easy when Fraxel is combined with physician-directed rejuvenation products at home and by having regular treatments in your doctor's office. Discover how combining your laser treatment with other anti-aging therapies such as IPL (Intense Pulsed Light), Thermage, Botox and dermal fillers, and glycolic peels actually turn back the clock and produce a more refreshed, younger-looking, and feeling, you!

Call your doctor for a confidential cosmetic consultation and discover how Fraxel Laser Treatment can change your skin safely and in less time than ever before.

As an Oculoplastic Surgeon on the faculty staff of The Wilmer Eye Institute at Johns Hopkins since 1990, Dr. Pacheco is uniquely qualified to develop a treatment plan customized just for you. For seventeen years, she has trained medical residents, fellows and colleagues in the art of her subspecialty. Since opening the Center for Eye & Laser Surgery eight years ago, she has been committed to providing patients with the highest quality, scientifically-based, surgical and non-surgical technology for facial rejuvenation. Let us show you the latest options available to restore your natural beauty. With the focus on volumetric enhancement and combination therapies, a non-invasive rejuvenation of the skin is possible. Thousands of patients have benefited from her extensive expertise. When the time is right for you, let's meet to develop a plan that achieves exceptional results without the need for invasive procedures.

Free Seminar Open Your Eyes to the Possibilities...

You are invited to spend an evening with

Dr. Elba M. Pacheco

to explore the magic of liquid facelifts, and the age-reversing power of laser and energy-based treatments.

Dr. Pacheco will discuss:

- ◆ Thermage®
- ◆ Restylane®
- ◆ Perlane®
- ◆ Fraxel® Laser Resurfacing
- ◆ IPL Photorejuvenation
- ◆ Glycolic Peels by GLYTONE
- ◆ Eyelid and Browlift Surgery
- ◆ Juvederm™
- ◆ Botox®


Thursday, October 18, 2007 at 7:00 PM

Registration and refreshments from 6:30 - 7:00 PM

Presentations and live demonstrations

Sajak Pavilion, Suite 250 A & B - Anne Arundel Medical Center, Annapolis, MD

SEATING IS LIMITED. TO RESERVE YOUR SEAT CALL 410-647-3374.

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